

elevate

Pastor Brian King | Oct 16, 2011

Elevating My Health

Luke 2:52 And Jesus grew in wisdom and stature, and in favor with God and men.

2 Wrong Christian Perspectives on Health:

1. God's Greatest Desire is to Make Me _____ and _____.
2. God _____ Care About My _____— Only My _____.

3 John 2:1 Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.

1 Corinthians 6:19-20 ¹⁹ Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰ you were bought at a price. Therefore honor God with your body.

The One Thing

Honor _____ With My _____!

1 Corinthians 6:12-18

1 Corinthians 6:19-20

3 Reasons For Christ Followers to Take Care of Their Health

1. Fact: God _____ My Body!

Psalms 139:13-16

Commitment: _____ For God's
_____ For My Life

1 Corinthians 9:26-27 ²⁶ Therefore I do not run like a man running aimlessly; I do not fight like a man beating the air. ²⁷ No, I beat my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.

2. Fact: Christ _____ For My Body!

1 Corinthians 6:19-20 ¹⁹ Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰ you were bought at a price. Therefore honor God with your body.

Commitment: Be a Better _____ of
What God Has _____ to Me!

3. Fact: The Holy Spirit _____ in My Body!

1 Corinthians 6:19 Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own;

Commitment: Depend on the _____
of the Holy Spirit to Make _____ in My Life.