

# 1<sup>ST</sup> AND TEN

UNDERSTANDING WHAT  
GOD WANTS AND *WHY*

Pastor Brian King | August 7, 2011

## False Start

Exodus 20:8-11

Job 9:25

### So What is the Sabbath?

2 Parts:

\_\_\_\_\_ and \_\_\_\_\_

### The One Thing:

I Need a \_\_\_\_\_

of \_\_\_\_\_ and \_\_\_\_\_

Exodus 23:12

### Does the Sabbath Apply to Christians?

Mark 2:23-28

Colossians 2:16-17

Acts 20:7, 1 Corinthians 16:2, Revelation 1:10

### The Second Thing

\_\_\_\_\_ is the \_\_\_\_\_ of Spiritual Growth.

### Why Do I Need This Rhythm?

1. The Sabbath Reminds Me to \_\_\_\_\_ My \_\_\_\_\_!
2. The Sabbath Reminds Me to \_\_\_\_\_ My \_\_\_\_\_!
3. The Sabbath Reminds Me to \_\_\_\_\_ My \_\_\_\_\_!

### What Would I Do on a Sabbath Day?

1. \_\_\_\_\_ My \_\_\_\_\_.
2. \_\_\_\_\_ My \_\_\_\_\_.
3. \_\_\_\_\_ My \_\_\_\_\_.
4. \_\_\_\_\_ with My \_\_\_\_\_.