

U-Turn

January 25, 2009

It's never too late to turn back to God,

but I need a _____ changer.

Jonah 1:17-2:10

How Can I Change?

1. Be _____ with myself!

Jonah 2:1-7 (NIV) ¹From inside the fish Jonah prayed to the LORD his God. ²He said: "In my distress I called to the Lord, and he answered me. From the depths of the grave I called for help, and you listened to my cry. ³You hurled me into the deep, into the very heart of the seas, and the currents swirled about me; all your waves and breakers swept over me. ⁴I said, 'I have been banished from your sight; yet I will look again toward your holy temple.' ⁵The engulfing waters threatened me, the deep surrounded me; seaweed was wrapped around my head. ⁶To the roots of the mountains I sank down; the earth beneath barred me in forever. But you brought my life up from the pit, O LORD my God. ⁷"When my life was ebbing away, I remembered you, Lord, and my prayer rose to you, to your holy temple.

2. Change my _____!

Jonah 2:2 (NIV) He said: "In my distress I called to the Lord, and he answered me. From the depths of the grave I called for help, and you listened to my cry.

Acts 3:19 (NIV) Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.

3. _____ Christ!

John 15:4-5 (NIV) ⁴Remain in me, and I will remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. ⁵"I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.

3 Pictures of Worship:

Jonah 2:9 (NIV) But I, with a song of thanksgiving, will sacrifice to you. What I have vowed I will make good. Salvation comes from the Lord."

1. _____

2. _____

Romans 12:1-2 (NIV) ¹Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God--this is your spiritual act of worship. ²Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is--his good, pleasing and perfect will.

3. _____

4. Decide to _____!

Jonah 2:10 (NIV) And the LORD commanded the fish, and it vomited Jonah onto dry land.

January Memory Verse -- Psalm 103:8 (NIV) The LORD is compassionate and gracious, slow to anger, abounding in love.